# MLT-2980: PROFESSIONAL DEVELOPMENT AND LIFE SKILLS

# **Cuyahoga Community College**

Viewing: MLT-2980: Professional Development and Life Skills

**Board of Trustees:** 

November 2024

**Academic Term:** 

Fall 2025

**Subject Code** 

MLT - Medical Laboratory Technology

**Course Number:** 

2980

Title:

Professional Development and Life Skills

### **Catalog Description:**

Integration of knowledge acquired in basic, technical and non-technical areas in preparation for professional roles and life-long professional growth and development. Seminar discussion of clinical experience.

#### Credit Hour(s):

1

#### Other Hour(s):

1

# Other Hour Details:

Seminar. 1 hour per week

# Requisites

# **Prerequisite and Corequisite**

MLT-2991 Advanced MLT Applications; and concurrent enrollment in MLT-2940 Medical Laboratory Field Experience.

#### Outcomes

# Course Outcome(s):

Apply knowledge of professional issues encountered in the field of Medical Laboratory Technology.

# **Essential Learning Outcome Mapping:**

Civic Responsibility. Analyze the results of actions and inactions with the likely effects on the larger local and/or global communities.

#### Objective(s):

- 1. Identify organizations that are affiliated with the medical laboratory.
- 2. The importance of continuing education to a profession, including the role of the Continuing Education Unit (CEU).
- 3. Identify available resources to obtain CEUs.
- 4. Discuss how healthcare facilities impact the local community and relate how the loss of one can be detrimental.
- 5. Describe ways to positively impact the community outside of work hours as a profession representative.

# Course Outcome(s):

Explain ethical standards established for the medical laboratory.

#### Objective(s):

- 1. Identify the major components of medical ethics.
- 2. Review the professional code of ethics for professional societies like (Americal Society for Clinical Laboratory Science) ASCLS.
- 3. Explain why ethics are important within the medical laboratory.

4. Apply ethical standards to case studies to identify correct and incorrect ethical behaviors.

## Course Outcome(s):

Respect and be sensitive to the diversity of individuals.

# **Essential Learning Outcome Mapping:**

Cultural Sensitivity: Demonstrate sensitivity to the beliefs, views, values, and practices of cultures within and beyond the United States.

### Objective(s):

- 1. Explain diversity and related terms.
- 2. Recognize the various ethnic groups and other entities covered by Equal Employment Opportunity (EEO) laws for hiring and non-discriminatory behaviors, including penalties for non-compliance.
- 3. Explore personal experiences, beliefs, values, and attitudes regarding diversity.
- 4. Discuss the need to accept the uniqueness of each individual and the importance of being sensitive to issues of diversity in the medical laboratory.
- 5. Present strategies to facilitate interaction with clients of diverse backgrounds.
- 6. Recognize the difference in personality types, especially generational variations.

#### Course Outcome(s):

Utilize principles of wellness and healthy lifestyles to improve one's personal health.

## Objective(s):

- 1. Examine the nature of stress and its impact on one's personal and professional life.
- 2. Identify stress' physical, emotional, and behavioral manifestations and determine how we respond to it.
- 3. Delineate factors in the workplace that commonly produce stress and identify ways to minimize their negative aspect.
- 4. Detect and analyze key interventions and prevention strategies to manage stress by taking a Health Risk Assessment (HRA) test.
- 5. Identify wellness courses offered by Tri-C that directly impact the wellness goals prescribed by the HRA.

# Course Outcome(s):

Develop resume development and interviewing skills to search for a job in the field of medical laboratory technology.

# Objective(s):

- 1. Explain the requisite skills for interviewing readiness.
- 2. Critique one's strengths and weaknesses.
- 3. Explain the correct procedure for creating a resume.
- 4. Determine the functions and tools available to you through career centers.

### Course Outcome(s):

Research current issues and topics of concern in the field of medical laboratory technology.

#### Objective(s):

- 1. Review articles on the web or in print related to topics of recent lab concern.
- 2. Compare and contrast three or more references for a topic and identify source discrepancies.
- 3. Evaluate different types of media/sites for lab test-related material and recommend the best based on the findings above.

#### Methods of Evaluation:

- 1. Discussions
- 2. Quizzes
- 3. Case studies
- 4. Mock interview
- 5. Resume

#### **Course Content Outline:**

- 1. Educational goals
  - a. Personal/professional development
  - b. Continuing education
- 2. Community
  - a. Presence
  - b. Representation
  - c. Service
- 3. Ethics & Privacy
  - a. Professional codes of ethics
  - b. Demonstrate
  - c. Incorrect behaviors
- 4. Diversity
  - a. EEO law
  - b. Cultural/ethnic/generational
  - c. Personal beliefs
  - d. Professionalism
- 5. Health and wellness
  - a. 5 components of health and wellness
  - b. Life style risk factors
- 6. Career readiness
  - a. Interviewing skills
  - b. Resume creation for clinical laboratory science
  - c. Job search skills
- 7. Consumer information
  - a. Accuracy in information
  - b. Sources
  - c. Validity
  - d. Reliability
- 8. Describe the function and scope of laboratory information systems
  - a. Compare with (Health Information Systems)HIS
  - b. Maintenance
- 9. Seminar discussion of clinical experience
  - a. Events
  - b. Course topics

# Resources

ASCP Board of Certification. Board of Certification Study Guide - Clinical Laboratory Certification Examinations. 6th ed. Chicago, IL: ASCP Press, 2018.

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Ciesla, Betty. *Hematology In Practice*. 3rd ed. Philadelphia, PA: F.A. Davis, 2019.

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Harmening, Denise. Modern Blood Banking and Transfusion Practice. 7th ed. Philadelphia, PA: F. A. Davis, 2019.

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Miller, Linda and Stevens, Christine Dorresteyn. Clinical Immunology and Serology: A Laboratory Perspective. 5th ed. Philadelphia, PA: F.A. Davis, 2021.

Mahon, Connie and Lehman, Donald. Textbook of Diagnostic Microbiology. 6th ed. St. Louis, MO: Elsevier, 2019.

Strasinger, Susan King and Di Lorenzo, Marjorie Schaub. Urinalysis and Body Fluids. 7th ed. Philadelphia, PA: F.A. Davis Company, 2021.

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